

# Loved Ones Group

*for loved ones concerned about someone's  
alcohol or other drug use*

Brought to you by  Hope Council on Alcohol & Other Drug Abuse

**Loved Ones Group** is for those concerned about a loved one's alcohol or other drug use.

Groups focus on educating loved ones in identifying addiction and developing effective approaches to really help the person with a substance use disorder.

**Loved Ones Group** is **free** and **confidential** with no enrollment or personal information required.

Groups are **Tuesdays, 6:00 — 7:15 p.m.** at the  
Hope Council on Alcohol & Other Drug Abuse  
5942 — 6th Avenue, Kenosha

## **Family, Friends, and Others Typically:**

- Don't understand the nature of addiction
- Feel alone, ashamed, and fearful about the problem of substance use disorders
- Feel responsible, believing that somehow they've caused or contributed to the problem
- Feel angry with the person with the disorder
- Feel hopeless that their loved ones will never get the help needed

## **Loved Ones Group Includes:**

- **Identifying** the disease of addiction
- **Learning** 10 things a family member or friend can do to help
  - **Understanding** the progression of addiction
- **Understanding** how the addicted loved one decides to get help
  - **Understanding** the recovery process
  - **Understanding** family recovery

**Call 262-658-8166 or email [info@hopecouncil.org](mailto:info@hopecouncil.org) for more information.**

After successfully overcoming hurdles during **Loved Ones Group**, members are invited to attend **CRAFT (Community Reinforcement and Family Training)** "a non-confrontational approach to getting a loved one to enter addiction treatment."