

SCREENING FOR PEOPLE WITH REGARD TO SUBSTANCE USE DISORDERS

STEP 1 Ask about use: Ask each question separately.

PRESCREEN:

- 1 Do you sometimes drink alcoholic beverages?
- 2 Do you sometimes use illicit drugs?
- 3 Do you sometimes take medication not prescribed to you or in a manner not intended by your doctor?

No

SCREENING COMPLETE

Yes

STEP 2 Ask appropriate questions

HOW MANY TIMES IN THE PAST YEAR HAVE YOU ...

- 1 Had 5 or more drinks in a day? (men)
Had 4 or more drinks in a day? (women)
(For those under the age of 21, more than zero drinks in a day)
- 2 Used prescription drugs not prescribed to you or not in the manner they were prescribed?
- 3 Used illegal drugs: marijuana, cocaine, LSD, ecstasy, heroin, PCP, methamphetamine, etc.?

Never Once or Twice Monthly Weekly Daily Almost Daily

DID S/HE ANSWER "YES" ONCE OR MORE?

No

"Based on the results of this screening tool, you are not at an at-risk substance user."

Commend him/her on appropriate use.

Yes

STEP 3 Refer for Services

Your client may be an at-risk drinker or substance abuser. Gauge his/her readiness to be referred for formal assessment.

"The screening shows that you may have developed some at-risk behaviors with substance use. Would you be interested in seeing someone about a formal assessment?"

No

Give him/her a copy of the [Hope Council "Pathway for Referral,"](#) and let him/her know that, if, in the future, s/he would like to speak with someone, s/he is welcome to use any of those agencies.

Yes

See [Hope Council "Pathway for Referral"](#) for appropriate initial phone call.

- 1 Does s/he have health insurance?
- 2 What are his/her barriers?
- 3 Make the call for him/her

This screening tool is not a formal AODA assessment. Its intended purpose is to inquire about potential substance abuse in order to receive a referral to a formal assessment.

Hope Council on Alcohol & Other Drugs
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